

# Strawberry Religieuse

(12 religieuses)



LÉONCE BLANC STRAWBERRY PUREE









# Strawberry Religieuse

#### Crumble

Butter 150 g Brown sugar 180 g Flour 180 g MIX all the chilled ingredients together until obtaining of a homogeneous pastry. SPREAD this pastry between two dipping sheets of 2mm thick. CUT 3cm high and 4.5cm diameter discs.

## **Choux pastry**

Water	150 g
Milk	150 g
Caster sugar	5 g
Salt	4 g
Butter	130 g
Flour	170 g
Eggs	270 g

IN A SAUCEPAN, bring the water, the milk, the caster sugar, the salt and the butter to a boil. ADD the flour and dry out the dough until it leaves the side of the pan. PUT this pastry into a mixer bowl. WITH THE FLAT BEATER, incorporate the eggs gradually. PIPE the small buns at 5g and the larger buns at 15g. LAY the crumble discs over the buns. BAKE at 180°C/356°F for 30 minutes.

## Strawberry cream

Gelatin powder 200 bloom	3 g
Water	15 g
Frozen strawberry puree <b>Léonce Blanc</b>	370 g
IQF wild strawberry <b>Léonce Blanc</b>	80 g
Egg yolks	50 g
Maïzena	20 g
Butter	90 g
_	

SOAK the gelatin in cold water. IN A SAUCEPAN, boil the strawberry puree and the IQF wild strawberries. BLANCH the egg yolks, the caster sugar and the Maïzena. HEAT at  $85^{\circ}\text{C}/185^{\circ}\text{F}$  and add the softened gelatin. AT  $40^{\circ}\text{C}/104^{\circ}\text{F}$ , incorporate the butter in cubes and mix together.

# Strawberry compote

Frozen strawberry puree <b>Léonce Bla</b>	<b>anc</b> 190 g
PIQF wild strawberry <b>Léonce Blanc</b>	160 g
Caster sugar	60 g
Pectine NH	4 g
Xanthane gum	5 g

IN A SAUCEPAN, heat the strawberry puree and the IQF wild strawberries at 60°C/140°F. ADD the caster sugar and the NH pectin previously mixed together. BOIL. INCORPORATE the Xanthane gum and mix all together.

#### **Fondant Decor**

Gelatin powder 200 bloom	3 g
Water	15 g
White Fondant	250 g
Glucose	25 g
Cocoa butter mycryo	3 g
Red hydrosoluble colouring	Q.S

ADD the gelatin previously melted. Adjust the colour with the red hydrosoluble colouring. Knead your mass at 40°C/104°F. LAY discs of 2cm diameter for the small buns and 3,5 cm diameter for the larger buns on a silicon sheet. LAY another sheet on the top and press on lightly to flatten your fondant décor. FREEZE at -30°C/-22°F.

#### Decor

Sesame seeds 30 g

#### **ASSEMBLY**

**FILL THE LARGER** buns with 35 g of strawberry cream and 20 g of strawberry compote. **FILL THE SMALL** buns with 15 g of strawberry cream and 5 g of strawberry compote. **DECORATE** with the sesame seeds. **ASSEMBLE** the two parts.

